

6th Annual

\$ 2	200.00	1 st Place Male Runner /	\$200.00 1st Place Female Runner
\$	100.00	2 nd Place Male Runner /	\$100.00 2 nd Place Female Runner
\$	50.00	3 rd Place Male Runner /	\$ 50.00 3 rd Place Female Runner

18 Categories to win Blue Stone Rail Cars Trophies

~ Including 16 different Age groups (1st, 2nd & 3rd); Races with Dog and Stroller ~

Free T-Shirt to the First 100 Racers

Date:	Race Day: July 20, 2019					
Time:	7:00 AM Registration, T-Shirt & Bib Pick-up 9:00 Race Begins					
Start:	Susquehanna Community School Parking Lot, 3192 Turnpike St. Susquehanna PA 18847					
Finish:	Susquehanna Borough Building 83 Erie Blvd., Susquehanna PA					
	Transportation van will be provided by Trehab (Park at either school or borough building)					
Name:	age: Male or Female					
Address:						
City: _	State: Zip Codes:					
e-mail	(only use to notify of next race)					
How did you Hear about the race:						
Race Entry Fee: \$25.00						

Make Checks Payable to:

Susquehanna Community Development Assn. 5-k

PO Box 347

Susquehanna pa 18847

(All entry fees are non-refundable and non-transferable)

All proceeds will benefit projects and program that contribute to the SCDA Mission within the Susquehanna Community

Registration forms at: www.susquehannaborough.com

Forms can also be picked up & returned to Susquehanna Branch Library & Peoples Security Bank, Susquehanna







Accident waiver and release of liability: Release of name and likeness

I know that running/walking a race is a potentially hazardous activity. I certify that I am physically fit have sufficiently trained and prepared for participation in the event and have not been advised otherwise by a qualified medical person. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I hereby consent to receive medical attention which may be deemed advisable in the event of an injury, accident and/or illness during this event. I understand that all evacuation and medical cost for participants and volunteers will be borne by that person or their heirs. The race organizers and sponsors are in no way liable or responsible for medical costs or emergency evacuations.

The race directors have addressed all safety issues on the paved and dirt/hard pack and loose gravel race course trails areas. I assume all risks associated with running in the event, including, but not limited to, falls, contact with other participants, volunteers, race officials, sponsors, walkers, baby strollers or "baby-joggers", in-line-skating, dogs on leashes, bicycles, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I hereby take action for myself, my heirs, executors, next of kin, administrators or anyone else who might claim on my behalf, waive and release the following Entities or Persons: The Susquehanna Community Development Association, all involved municipalities or public entities (and their respective agents and employees) the event holders, the event sponsors (and their directors, officers, volunteers, representatives and agents), event volunteers and event directors, from all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown and I indemnify and hold harmless the entities or persons mentioned in this paragraph from any or all liabilities or claims made by any other individual or entities as a result of my actions during this event.

Parents or Guardian waiver for minors (under 18-years old) if applicable. The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless and indemnify each and all parties referred to above from all liability, loss, cost, or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to act and release said parties on the behalf of the minor and parents or legal guardian. Minors accepted only with a parent or guardian's signature.

Print Name	Date
Signature of Participant	
Signature of rarticipant	
Parent or guardian if under 18	